



What to Expect from a Music Therapy Evaluation

Fogerty Music Therapy uses a dynamic assessment approach in combination with assessment protocols to complete a comprehensive evaluation of a client's therapeutic needs. Both highly structured and client-centered approaches are typically used during the assessment to evaluate a client's response to both musical and nonmusical interventions. The following lists the main components of a typical evaluation.

1) Meet with caregivers (as appropriate) to complete an initial intake survey and to discuss the client's background and needs (30-45 minutes).

2) Dynamic Assessment (3-4 assessment sessions, 45 minutes each). During a typical assessment session, a variety of activities using singing, rhythm instruments, and movement are used to assess functioning in several areas, including:

- Cognitive
- Communication
- Social
- Motor
- Emotional
- Behavioral
- Response to Music

Music interventions are used to promote functional skill acquisition, such as singing sequence songs to prompt daily living skill knowledge or playing rhythm instruments to improve motor skills.

3) Phone interviews are conducted with other treatment team members and/or an observation of the client is arranged to view them in another setting, as needed.

4) A comprehensive, written evaluation report with recommendations and treatment plan is provided.